

THE VILLAGE VOICE

NATIONAL PARK VILLAGE
ESTES PARK, COLORADO
ELEVATION 7560

MARCH 2012



"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."
Charles Dickens

There's no telling what spring will be like in Estes Park - snow, sun, wind, rain, fog - all that & more. The potential of springtime is always exciting. Read on to find out what to expect from NATIONAL PARK VILLAGE!

THE COUNTRY MARKET



"If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health." Hippocrates

Obviously, diet & nutrition has been a topic of conversation for a very long time. Since March is National Nutrition Month, we can't stop now. If you're trying to get rid of all the evidence of holiday food excess before summer arrives, you'll find lots of great tips from the American Dietetic Association at www.eatright.org.

If you're cooking for one or two, try these handy ideas from the ADA to maximize your food dollars at the grocery store:

- Buy frozen vegetables and fruit in bags. Take out what you need and freeze the rest.
- Look for foods sold in single servings. You'll find juice, yogurt, frozen meals, soup and pudding.
- Talk to the butchers. Ask them, or the produce managers, for a smaller amount of prepackaged items.

•Buy produce that keeps longer in the refrigerator. Broccoli, brussels sprouts, cabbage and carrots.

- Buy small loaves of bread. Then, wrap and freeze bread you won't use right away.

You'll find the kind of personal service that makes these guidelines easy to follow at THE COUNTRY MARKET.

Say thank you to Clarence Birdseye in honor of Frozen Food Month. If the naturalist/fur trader/entrepreneur hadn't been inspired by the Eskimo's naturally frozen fish on an Arctic expedition, our food options today would be seriously limited by the seasons.

According to a recent Zogby poll, over 41 percent of the consumers responding purchase frozen food products on a weekly basis, and almost 90 percent of those responding purchase frozen food products at least monthly.

Count on THE COUNTRY MARKET for freezer staples from ice cream, vegetables & pizza to exotic meats & ethnic specialties. Try Amy's Organic Rice Pasta and Vegetable Lasagna, Organic Pasta and Vegetable Stuffed Bowls, Organic Cheese Pizza with Rice Crust and Margherita Rice Crust Pizza to enhance your vegetarian options.

"The first day of spring is one thing, and the first spring day is another."
Henry Van Dyke

If the weather doesn't exactly match the calendar, if you're busy with Spring cleaning or you'd rather go for a hike than go to the store, give us a call at (970) 586-2702. THE COUNTRY MARKET delivers FREE inside the city limits.

THE VILLAGE STORE

"The best color in the whole world is the one that looks good on you!" Coco Chanel

"Consumers look to spring for renewed energy, optimism and the promise of a brighter day," said Leatrice Eiseman, executive director of the [Pantone](http://www.pantone.com) Color Institute®. "They

langerine tango
solar power
sodalite blue



"In the spring I have counted one hundred and thirty-six different kinds of weather inside of four and twenty hours." Mark Twain



If it's dinner time & it still feels like winter, try this easy HAM & CAULIFLOWER CHOWDER

- 1-16 oz bag frozen cauliflower florets
 - 2 cans cream of mushroom or cream of celery soup
 - 2-1/2 c milk or water
 - 1/2 lb ham, cubed
 - 1/3 c shredded colby cheese
- Cook cauliflower according to package directions. Combine cauliflower, soup, milk and ham in saucepan; mix well. Cook over medium heat 4-6 minutes, stirring occasionally. Top individual servings with cheese.

Use your Rocky Card and save



at NATIONAL PARK VILLAGE and all around town.

Daylight Saving Time means there's an extra hour after work to do some outdoor grilling. (It's worth it even if you have to shovel a path on the deck!)



Let Tracy, the meatmeister, cut something special for you. It's all USDA Choice, expertly cut just the way you like it. If you don't see what you're looking for, just ask!

"Hibernation is a covert preparation for a more overt action." Ralph Ellison, born 3/1/1914

"Adults are obsolete children." Theodore Geisel (Dr. Seuss), born 3/2/1904

"Success is important only to the extent that it puts one in a position to do more things one likes to do." Sarah Caldwell, born 3/6/1924

"It is well for people who think to change their minds

have learned how color can help them alter a mood and provide the vitality and enthusiasm that enables them to experiment with new looks and color combinations."

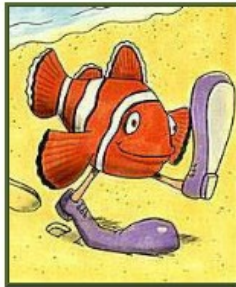
If you haven't heard, Tangerine Tango has been declared THE color of 2012 by the fashion arbiters. For Spring, it's accompanied by Solar Power, Sodalite Blue, Cabaret, Starfish, Margarita, Sweet Lilac, Driftwood, Bellflower & Cockatoo.



Katie's picks for Spring apparel are starting to arrive at THE VILLAGE STORE along with the latest from Minnetonka Moccasins so come on in and find something special for your spring break getaway. If that includes skiing, we've got great bargains in winter clothing, too!

March Madness came early for Scott & Katie. They've been at Denver Market choosing must-have merchandise for the summer season. You can be sure the selections will vary from sublime to...well, lots of fun, as always. Stop in often so you don't miss out when we start to unpack!

THE OTHER SIDE



March on over to THE OTHER SIDE on Friday, March 2nd for the Seafood Buffet. Enjoy an array of regional seafood entrees, hot and cold bar, soup, salad bar, dessert bar and much, much more.

The 3rd Friday of the month brings the Mexican Buffet so acompaenemos en THE OTHER SIDE para nuestro Buffet Mexicano fabuloso on March 16th. All you care to enjoy of our fresh, authentic Mexican Food is still the best meal deal in town.

Call 970-586-2171 today for reservations for both of these home town favorites.

Remember to Spring Forward on Sunday, March 11th so you can be first in line for our famous Champagne Brunch. We're here every Sunday from 9 - 2 for all you care to enjoy of custom made omelets, home made desserts, hand carved roast beef, fresh fruits and vegetables and more, served with complimentary Champagne.

THE OTHER SIDE is ready for your rehearsal dinner, wedding reception, family reunion or other special event. Space for the summer months is filling quickly, so go to our website at www.theothersideofestes.com and click on "Special Events" for details, then give us a call at 586-2171 to save your date.

Coming in April...

Jazz Appreciation Month, Sky Awareness Week, Cherish an Antique Day and more.

It's not too soon to make reservations for the special Easter Buffet at THE OTHER SIDE - an Estes Park tradition. Call 970-586-2171 today!



occasionally in order to keep them clean." Luther Burbank, born 3/7/1849

"Human beings, who are almost unique in having the ability to learn from the experience of others, are also remarkable for their apparent disinclination to do so." Douglas Adams, born 3/11/1952

"Reality is something you rise above." Liza Minelli, born 3/12/1946

"Everything should be made as simple as possible, but not simpler." Albert Einstein, born 3/14/1879

"Love is fire. But whether it is going to warm your hearth or burn down your house, you can never tell." Joan Crawford, born 3/23/1908

"It is dangerous for a national candidate to say things that people might remember." Eugene McCarthy, born 3/29/1916

"It is not enough to have a good mind. The main thing is to use it well." Rene Descartes, born 3/31/1596

Lá Fhéile Pádraig Sona Daoibh!




Be sure to come in to THE OTHER SIDE for Corned Beef & Cabbage on the 17th.

MARCH, 2012

CAFFEINE AWARENESS MONTH - CRAFT MONTH - EMPLOYEE SPIRIT MONTH
ETHICS AWARENESS MONTH - FLOUR MONTH - FROZEN FOOD MONTH
INTERNATIONAL LISTENING MONTH - IRISH AMERICAN HERITAGE MONTH - KITE MONTH
MIRTH MONTH - MUSIC IN OUR SCHOOLS MONTH
NATIONAL HONOR SOCIETY AWARENESS MONTH - NOODLE MONTH - NUTRITION MONTH
OPTIMISM MONTH - PEANUT MONTH - RED CROSS MONTH - SAUCE MONTH
WOMEN'S HISTORY MONTH - YOUTH ART MONTH

S	M	T	W	T	F	S
BRUNCH EVERY SUNDAY				1 Pig Day	2 SEAFOOD BUFFET Employee Appreciation Day	3 Beatles record Sgt. Pepper's Lonely Hearts Club Band 1967
4 National Procrastination Week 3/4-10 or whenever Grammar Day	5 Cheese Doodle Day	6 Oreo Cookie debuted 1912	7 National Cereal Day	8 Int'l Women's Day	9 Barbie's Birthday Get Over it Day	10 Int'l Day of Awesomeness
11 SDRING	12 Girl Scout	13 National	14 Potato Chip	15 Ides of	16 MEXICAN	17

<p>FORWARD DST begins</p> <p>National Wildlife Week 3/11-18</p>	<p>Day</p>	<p>Agriculture Day</p>	<p>Day</p> <p>Pi Day (3.14159...)</p>	<p>March</p>	<p>BUFFET</p> <p>St. Urho Day</p>	
<p>18 Awkward Moments Day</p>	<p>19 Spring begins 11:05pm MDT</p> <p>Estes Park Spring Break 3/19-23</p>	<p>20 American Chocolate Week & Act Happy Week 3/19-24</p>	<p>21 Common Courtesy Day</p>	<p>22 Int'l Goof Off Day</p>	<p>23 OK Day</p>	<p>24 Houdini Day</p>
<p>25 Pecan Day</p>	<p>26 Make up your own Holiday Day</p>	<p>27 Purple People Eater Day</p>	<p>28 Something on a Stick Day</p>	<p>29 Mom & Pop Business Owners Day</p>	<p>30 National Doctor's Day</p>	<p>31 Jimi Hendrix sets his guitar on fire for the first time 1967</p>



NATIONAL PARK VILLAGE - 900 MORAINES AVE. - ESTES PARK, CO - 80517
 THE COUNTRY MARKET - (970) 586-2702
 THE VILLAGE STORE - (970) 586-2776
 THE OTHER SIDE - (970) 586-2171
www.nationalparkvillage.com www.theothersideofestes.com

